

Mental Health Network Meeting
3:30 - 5:30 PM - December 17, 2015
Lutheran Family & Children Services
2130 N. Glenstone

Summary of Minutes

In Attendance:

Debora Biggs
Andrea Bishop
Maggie Castrey
Chris Davis
Ciara Day
Michele Day
Paul Deal
Laura Farmer
Lisa Hall

Randy Hoops
Julie Macke
Crystal Mahaney
Major Kirk Manlove
Bev McCormick
Linda Nickle
Winnie Radier
Carol Thompson
Chief Paul Williams

3:30: Meeting Called to order by Maggie Castrey. Introduction of co-chairs: Lisa Hall (Joye Norris unable to attend) Maggie will be gone Jan - Feb. Approval of minutes.

3:35 Announcements and Introductions: Maggie is excited about vision and potential. Lisa recaps phone call with MO Healthcare i.e. plans to close coverage gap through expanding Medicaid coverage, building relationship with legislators. Springfield Police Chief Paul Williams was Named State Chief of the Year (see KY3 website for details).

3:40 Old Business: Lisa Hall gave a brief overview of Mental Health Association Oklahoma. Discussed having a spokesperson from Tulsa coming to Springfield for a presentation to the Mental Health Network. Go to website <http://mhaok.org/what-we-do/housing> to generate topics of interest. Tulsa speakers may be able to present at the LWV's general meeting (an evening meeting) in April. Discussed different methods on how to raise speaker fees. Chief Williams provided information about the services provided by Mental Health Association Oklahoma and that none of those services existed in Springfield when he became Springfield's Chief of Police.

Education: Cell phone advocacy. Making a cell phone video was explained by Maggie Castrey. Watched 3 Youtube videos generated by Maggie Castrey. Photo & Video Release form was distributed (also available at LWVswMO.org). Debra Biggs suggested John Shuchart as a potential speaker for OzMHNetwork. Debra also reported that the directory is ready to go to the printer.

Formal Referral System: Andrea Bishop reported on a computerized Referral for scheduling an advisement appointment. Requested clarification on the goals and purposes. Ozark Mental Health Network page has been setup on Facebook.

4:00 Breakout session: Interest groups/Discussion

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5:00 Report to General Meeting:

Education Discussion Group:

Maggie Castrey, Bev McCormick, Debra Biggs, Laura Farmer, Chris Davis.

Discussion included stigma reduction, advocacy training. Chris Davis report on the Mental Health First Aid for Youth Program CPO is doing, funding provided by a grant. Purpose is to identify possible adolescent mental health issues. To date, 25 instructors have been trained. A list of creditable resources is needed. Have Asked Department of Mental Health for assistance with creditable providers. Discussion on methods of educating people about Medicaid Managed Care. Laura Farmer reported that Compass Counseling and McGuire Agency have experience with Medicaid Managed Care. As a result, it was decided to generate an email requesting people from these agencies to record videos about managed Medicaid. Mid-January deadline has been set.

Housing Discussion Group:

Ciara Day, Randy Hoops, Winnie Radier, Carol Thompson.

Discussion included dormitory style Housing for those with a mental health crisis. An appropriate assessment to determine need is important as needs vary with the individual. How would these programs be staffed? Many landlords may be reluctant. Possibility of the city donating a building and lifting restrictions on zoning. There is a need for education on life skills for this population.

Integrated Care Discussion Group:

The group discussed the structure and function of the MSU Care clinic. Dr. Paul Deal met with Steven T. Dodge, M.D. (PA Program Director, PAS Department Head) to discuss the clinic. Dr. Dodge had provided information about the current (and hopefully future) direction the clinic will take. Currently Physician Assistants, Nursing, and Pharmacy are the three disciplines with primary responsibilities. Dr. Dodge hopes the clinic will be able to provide other services in the future (dentistry, expanded formulary). Dr. Deal discussed the possible role Psychology might play at some point.

Following this discussion, the group raised some issues related to the Kitchen and now MSU Care. Transportation is an issue for individuals served. Individuals presenting for services with a "primary" mental health diagnosis as opposed to a "medical" diagnosis was another issue. The model of service that Jordan Valley utilizes was a third. There was discussion about including someone from Jordan Valley in this group as well as the larger group. It was noted a staff person had attended the previous meeting but was not present today.

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Finally, the group discussed some topics the Mental Health Association Oklahoma might address when they come to Springfield. One topic was a description of how they were able to accomplish the many goals Chief Williams had described during today's meeting. Some of those included:

1. Fund raising
2. Creating a truly integrated model of service delivery
3. Overcoming resistance to housing, i.e. "not in my backyard."

Legislative Task Force Report from Chuck Hollister:

KEY ECONOMIC ISSUE: So much of what is going on is driven by the belief that the State of Missouri needs to slow the growth of entitlements. Few people realize that much of Medicaid is paid by a provider tax on hospitals and other groups. Hospitals pay roughly 6% of the billion cost of Medicaid. Hospitals were not surprisingly upset last year when they were informed that they are expected with the expansion of managed care to continue to pay the tax, but under managed care would see a 6-8% reduction in their revenues.

I asked Dr. Parks what reduction would occur in the 1.7% savings the state claims they receive from the use of managed care if the loss of provider tax money is considered. Keep in mind that as managed care reduces the cost of care by 6-8%, there is less billing by hospitals and other groups that pay the provider tax. This reduces the savings that managed care is seen to produce. Dr. Parks was surprised by the question and agreed to provide an analysis about this.

POSITIVE MO HEALTH ANNOUNCEMENT: According to Dr. Parks, a Request for Information form completed by myself and Dr. John Howell of Bolivar, MO led to a decision to encourage managed care companies to reimburse provisionally licensed psychologists, social workers, and LPCs. This change should be activated in about a month. **WHEN COULD THE MANAGED CARE EXPANSION OCCUR:** Dr. Parks made it clear that there is no money in the budget to expand managed care by the June 1, 2016 deadline that is in the appropriations bill that expanded managed care. Representative Haefner downplayed the importance of the date. Senator Sater stated that it could take two to three years to get the expansion up and running. That said, bidding the contract out will take 18 months. This means the final decision as to how to accomplish the expansion could be made and passed by the legislature by June. I believe that may be their goal. Any political action to shape how managed care will operate needs to happen this legislature year. The session starts in January.

A CARVE OUT FOR CHILDREN'S PSYCHIATRIC HOSPITALS: As I have shared with many of you before, I believe that a carve-out of children's psychiatric hospitals should occur. These hospitals are safety net programs that guarantee that our children will receive the expert care that they often need and which is not available in our rural areas in particular. I have spoken a number of times with the CEOs from Lakeland, Royal Oaks, and Heartland. All three are deeply concerned about being included in managed care and support a carve-out. Although concerns about children's psychiatric hospitals have been voiced to the Task Force, the actual suggestion of a carve-out as not yet been offered. Task Force members have

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only offered general statements and have only had a very limited amount of time to talk about these issues.

WILL THE LEGISLATURE SHUT DOWN THE TASK FORCE? The discussion that was held with non-legislative task force members was brief. General comments were collected on what Task Force members thought was important. No discussion of specific measures was held. After a round of comments, Senator Sater ended the meeting stating that the Task Force may not meet again or will meet one more time after Christmas. My reaction was likely the same as many other Task Force members. We have not yet completed our mandate.

Before I go, I want to thank everyone again who helped us with the expenses involved in having a representative on the Task Force. We are not a wealthy profession and our mutual support, financial and otherwise, is crucial.

Happy holidays, Chuck

5:15 New Business: Request to add a Monday noon network meeting

Upcoming Meetings (third Thursdays 3:30 - 5:30PM)

January 21st Mercy - Marian Center, Conference Room B

February 18th OCH Conference Room

March 17th OCH Conference Room

April 21st General Meeting, Where? - Tulsa Speakers

5:30: Adjourn

OzMHNetwork@gmail.com for questions, comments and videos